Dear Parents, Staff and Students

ANZAC March and Liturgy
As a school community we can feel so proud of our school representation over the last week. We had more than 70 students, accompanied by many staff members, marching in the Cooma ANZAC March last Wednesday as well as significant numbers of our students at the regional ANZAC ceremonies. Our School Captains, Meg Bracher and James Minards, were great ambassadors for the school at the Cooma cenotaph ceremony as they recited the ANZAC prayers.

The school presence was topped off by the announcement on Wednesday that the winner of the John Holden Memorial ‘Australia – My Country’ Essay Competition was Primary Vice-Captain Maddisen Ward. It is a significant honour to win such an award against students from all schools throughout the district and our warmest congratulations go to Maddisen.

Friday 27 April was likewise a very moving and solemn occasion as we held our annual ANZAC Liturgy in the church. We were honoured to have Mr Peter McMahon present, representing the Cooma RSL Sub-branch, and our official guest Warrant Officer Robert Drew, Royal Australian Navy, who gave us a heartfelt insight to the ANZAC story and how the ANZAC legacy endures in the lives of different generations today. His words rang very true:

“Because we are all Australians, we are all challenged to make the ANZAC spirit part of our everyday lives. The ANZACs showed us that we can define ourselves by our ability to face challenges together, to put community before ourselves, to be courageous, determined, self-reliant and strong competitors”.

Catholic Schools Week
This is a very special week for Catholic schools across NSW and the ACT with more than 611 Catholic schools, which educate about 264,000 students, celebrating the theme “Faith in Every Student”. This morning I was asked on ABC South-East Radio about the essence of Catholic schools and in many ways we see this every day in our life at St Patrick’s. Catholic schools are about presenting opportunities to achieve our best in a supportive Christ-centred environment. The ethos of St Patrick’s is seen as much in what we do as what we say and our Catholic Schools Week activities give the community the chance to see our spirit in action:

- The Primary Athletics Carnival on Monday and the Secondary Cross Country event yesterday.
- Open classrooms in Primary tomorrow between 10.00 and 11.00 am.
- On Friday we have a K-10 ‘mufti day’ to raise funds for the St Vincent de Paul Winter Appeal.

It is a wonderful opportunity to acknowledge the achievements of our school community at the same time as we celebrate with members of our parish and the wider Catholic community.

Harry Nichols Shield Rugby League Competition
Congratulations to all the Stage 2 and 3 students who participated in this tournament last Friday. Their commitment and teamwork were a credit to all players. A big thank you to the coaches and the many parents who gave endless support on the sidelines.

Thank you to all the parents, staff and students who contributed to the success of the Primary Athletics Carnival on Monday at Snowy Oval. Thank you to Glenyce Moxon for her overall organisation of the day’s events.

Don’t forget that our stunning ‘NOURISH’ cookbook is coming closer to being a reality. Have you placed your order for a copy yet? Time to get moving otherwise you might miss out!

A reminder that all students are required to be in full winter uniform from Monday of next week. The school website has details of the uniform requirements.

Our prayers and thoughts are with all members of the school community and their families who may be unwell at present.

Phil Stubbs
Principal
A letter from the Assistant Principal ...

Thank you to everyone for your cards and condolences over the past week. My family has been deeply touched by the concern that the school and parish community has shown for our wellbeing.

Second term is a busy time for teachers as they compile semester reports. In Secondary the assessment booklets, that all students should have received, give a clear indication of when assessment tasks are due and how the results from these tasks contribute to report grades. Remember that assessment task results, Board of Studies examples of student work and reference to course performance descriptors are all used to inform teacher judgement when allocating grades.

If there has been a change to your son or daughter’s medical information over the holidays please remember to update this information. The form can be downloaded from the website or is available at the office.

Thank you.

Mark van Ommen
Assistant Principal
St Patrick’s Cooma
“Strength in Gentleness”

Non-Uniform Day

A reminder there will be a non-uniform day this Friday 4 May to raise funds for the St Vincent de Paul Appeal. Each student is asked to bring a gold coin donation.

Australian Mathematics Competition 2012

A letter to parents with information regarding the Australian Mathematics Competition for 2012 will be sent home this week. The competition is open to Years 3-12 students and the cost is $5.00 per student. Permission forms and $5.00 for the entry fee need to be returned to the school no later than Friday 11 May 2012. Parents who require more information regarding the competition can contact Kevin Dunne at the school on 6452 1721.

Congratulations to Thijs de Ruijter for his oil painting which won the Youth (Secondary) Painting Prize at the Essential Energy Lion’s Art Show in Jindabyne and to Zali Steiner, Magdalene Shatov and Vendulka Wichta for their winning photographs in the Cooma Youth Week Competition. These photos are now on show at the Cooma library.

Ms Kovats

Mothers Day Stall

The Mothers Day Stall will be held on Friday 11 May in the Primary Library. All students are asked to donate a gift to the stall, wrapped in clear cellophane so that the children shopping can see what they are buying. Can all gifts please be given to class teachers by Wednesday 9 May.

On Friday 11 May each child will have the opportunity to shop at the stall for their mother/carer. All gifts will be priced between $2.00 and $5.00.

Suggestions for gifts: coffee mug filled with chocolates, bath balls, etc. nice soap and face washer, fridge magnets, lavender bags, pretty plate/bowl, bath things, chocolates, hand cream, garden pots with or without something in them, bulbs……………

We will need 8 parent helpers from 9.00 am. If you are able to help with the stalls, please contact Rebecca Hain 0414 709 301. Thank you.

Secondary Cross Country

Secondary students participated with great enthusiasm in the cross country carnival on Tuesday. A full report on results achieved will be published in next week’s newsletter.

Tim Lawley

SAVEWATER! AWARDS 2012
International Photographic Competition

In their tenth year, this competition is worth a look.

• Junior Student (up to 12 years old)
• Senior Student (13 to 17 years old)
• Open

To enter visit www.cooma.nsw.gov.au click on ‘Water’ then the ‘savewater!’ logo.
All students should now be wearing their full winter school uniform. Please remember that coats and beanies are to be plain black. Hoodies are not part of our school uniform and must not be worn under any circumstances. We are proud of our uniform and thank you for your support and cooperation.

10 Things to ask your doctor

Parents should tell their doctor as much as they can about their child’s asthma in order to discuss and agree on the best and most appropriate treatment. Here’s a handy guide for parents to help discuss their child’s asthma with their GP.

Ten things to ask your Doctor

1) What is the overall severity of my child’s asthma?
2) How do I recognise a severe asthma attack and what do I do if this happens?
3) What medications does my child need to take for asthma?
4) What is the difference between reliever, preventer, symptom controller or combination medications used to treat asthma?
5) How should I give the medication to my child? Do I need to use a spacer device?
6) How do I use the inhaler? Can you check that the technique is correct?
7) Can I have a written Asthma Action Plan that tells me what medications to take regularly and how to recognise if my child’s asthma is getting worse, what to do if this happens and how to get help quickly? Can you go through it with me so I understand it?
8) What things might trigger my child’s asthma?
9) (If exercise is a trigger) How can I prevent and manage exercise-induced asthma, so that I can keep my child as active as possible?
10) When do I need to come back to have my child’s asthma reviewed?

Part 2 next week.

St Patrick’s Parish School is an Asthma Friendly School.

‘NOURISH’

‘NOURISH’ is now in its final stages of completion and we estimate the arrival of the book to be sometime in the next school holidays. We are encouraging all our families, friends, carers and acquaintances to take advantage of the ‘Early Bird Special’ at the exclusive price of $20.00 per book. Once all pre-orders have been filled ‘NOURISH’ will retail for $30.00.

Do Not Miss Out! Pre-order ‘NOURISH’ NOW! Download a form from website: http://stpatscooma.nsw.edu.au/parents/pfformsandnotes.html or contact any of the Sales Promoters - Erika Statham 0400 787 398, Melissa Giuliani 0429 993 440 or Alison Hemphill 0466 850 723. Pre-order forms are also available in some retail businesses around Coo- ma: Monaro Books and Music, Jaggez Hair Studio, Boyce & Co (Group Bookings) as well as at the School Office. Completed pre-order forms and payment can be left at the School Office. Pre-orders together with payment must be in by the end of Term 2 on 29 June 2012.

The ‘NOURISH’ Committee has worked extremely hard to bring you this wonderful publication filled with past and present memories with the inclusion of some outstanding recipes for all occasions. Thank you to Melissa Giuliani, Catherine Commons, Alison Hemphill, Michelle McGuffie, Margaret Hassall and Elaine Mooney. Thank you also to the publishing company in Sydney under the direction of Susanne Hahn and her team for their professionalism and expertise.

Erika Statham

Junior Parish School

St Patrick’s 2012 Junior Soccer Competition kicked off on Saturday 28th April 2012, with mixed results from the U6s through to the U13s. A BIG Thank You to all the coaches, parents and, of course, the players for making this first day a big success! The draw for Round 2 will be out shortly. We still need some extra players for the U6 Lions and Leopards - if you son or daughter is interested in playing in this age group - please do not hesitate to contact me via the email below. A key date to add to your calendar is the ‘Grassroots Coaching Course’ which will be held on Saturday 5 May from 1.00 to 4.00 pm. For more information on this Coaching Course or to register your daughter or son in the U6 Teams or other age groups, please contact Simon Buckley via simon_buckley@bigpond.com or call 0412 245 495.

P&F News

Welcome back everyone!!

- Volunteers needed!!! - 9 and 10 May – can you volunteer to help at all? We are catering the Southern Region Principal’s meeting and we need your help at the Afternoon tea, Morning Tea or Lunch. Please contact Karen McGuffie or Eva if you can help.

- Clothing Pool – getting chilly?? There are loads of jumpers, trousers, track pants, etc, available at very very reasonable prices at the clothing pool. Save a bundle by calling Ruby on 6452 2092 or Michelle 6452 3605.

- Mothers Day stall – Rebecca Hain is our coordinator for this event this year. If you can help, please call 0414 709301.

- Class Liaison Parents – MORE HELP NEEDED!! We have some parents to help us with this but we still need more. Liaison parents are able to let the P&F know what’s important to each year from Infants to seniors so that we can plan for all ages. Can you help??

- Playground Paintings – Thanks to the P&F crew from 2011 who organised these wonderful paintings for both the Infants and Primary kids. Many little people have been seen counting up and down the snake and playing the various games. The paintings look great and provide lots of ‘on the ground’ learning for the kids.

Don’t forget to drop us an email with any issues you may have or to let us know you can help. My email is hwalker-broose@bigpond.com

Cheers the P&F Team...
**WHAT'S ON**

**Thursday 3 May**
Year 9 Parish Mass 10.00 am
Open Classrooms—Catholic Schools Week

**Friday 4 May**
K-10 Non-Uniform Day
Gymkhana SMGS Dalgety

**Saturday 5 May**
Gymkhana SMGS Dalgety

**Sunday 6 May**
Gymkhana SMGS Dalgety

**Monday 7 May**
Year 7 & 8 Debating ACT Round 3

**Tuesday 8 May**
Confirmation meeting—Church

**Wednesday 9 May**
Year 8 Pastoral Day

**Thursday 10 May**
K-6 Southern Region Cross Country Cobargo
Y10 Parish Mass 10.00 am

Southern Region Principal's conference in Cooma

**Friday 11 May**
Mothers Day Stall

**Saturday 12 May**
Confirmation Rite of Request

**Sunday 13 May**
Confirmation Rite of Request
Mothers Day

**Monday 14 May**
Year 7 & 8 Debating ACT Round 4

**Tuesday 15 May**
NAPLAN—Years 3, 5, 7 & 9 Language and Writing

**Wednesday 16 May**
NAPLAN—Years 3, 5, 7 & 9 Reading

**Thursday 17 May**
NAPLAN 3, 5, 7 & 9 Numeracy
Year 7 Parish Mass

**Friday 18 May**
K-6 Walk Safely to School day
NAPLAN catch up day
Year 9 Pastoral Day
3O Assembly at the Club

**Monday 21 May**
Year 7 & 8 Debating ACT Round 5
Confirmation meeting
Year 7 Girl’s immunisation

**Wednesday 23 May**
Year 10 Exams
Year 3 & 4 Cottee’s Soccer Gala Day

**Thursday 24 May**
Year 10 Exams
Archdiocesan Cross Country
Year 8 Parish Mass 10.00 am

**Friday 25 May**
Year 10 Exams
K-6 Grandparents and Friend’s Day

**Monday 28 May**
Year 10 Exams
CCC/CPS Cross Country
Year 7 & 8 Debating Round 6
Confirmation meeting

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**Canteen News**

- **MEAL DEAL:** This week’s MEAL DEAL is a Small Salad Wrap with Mayo or Hommus and drink of juice or Milk (please specify). NO other hot or cold food will be available to Primary and Infants. The cost of this meal deal is $5.00.

- **MINI CANTEEN:** Don’t forget our mini canteen which runs most Wednesdays in the Infants and Primary.

- **THANK YOU!** Thank you to all my amazing helpers. Without the help of volunteers, the canteen could not run so efficiently. Thank you to everyone who helped at the Athletics Carnival on Monday!

- **VOLUNTEERS:** I still need more helpers so if you are able to spare even a few hours or assist at the mini canteen on Wednesdays, please let me know.

Thank you again for your continued support.

Carolyn Hely
Canteen Manager

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**Around Town**

- **Cooma Basketball:** **Aussie Hoop 4yrs/7yrs Friday 4 May 4.00pm/Miniball Boys 8yrs/11yrs Wednesday 2 May 4.00pm/Junior Girls and B Grade Woman Thursday 3 May 5.30 pm - Contact Betty Longhurst on 0457 177 162. **A Grade Woman Mondays - Contact Kari Ingram 0414 423 963. **A Grade Men - Contact David Pevere 6452 5154. **New 8yrs can start on Fridays. Primary school 12yrs can play in the Miniball Registrations - Senior $75.00. 12yrs/17yrs $60.00. 8yrs/11yrs $50.00. 7yrs/4yrs $15.00. Registrations are for 12months Game fees AussieHoop and Miniball $25.00 a term Game fees others check with those in charge of your grade (Betty Longhurst Junior/Miniball/Aussie Hoop Coordinator)

- **Cooma Library’s celebration of Jamie Oliver’s Global Food Revolution Day:** Friday 18 May homemade jam & scones at the Library from 9.30 am to 12 noon—dress up as Jamie Oliver, let us hear your Jamie accent or bring along one of your favourite recipes on a plate or on paper. The best dressed, voice or recipe will win a Jamie Oliver cookbook.

**Saturday 19 May** bring your multicultural lunchbox to our ‘show & tell’ picnic Cooma Community Garden noon – 2pm. Help create a photographic and recipe display that will hang on the walls of Cooma Library throughout June, as part of our ‘reading food’ month for Australia’s National Year of Reading, or post your photos or ideas on our facebook page, just search multicultural lunchbox cooma. All welcome. More information Cooma Library 64551 730 or library@monaro.nsw.gov.au.