



St Patrick's Parish School, Cooma

.A School With .Altitude

Primary Snowsports Program 2018

Dear Parents/Carers & Students

Welcome to our 2018 Primary Ski Program. Looks like the snow and conditions will be great for the start of our ski program on Monday 30 and Tuesday 31 July.

All students choosing 2-day Snowboarding or 2-day skiing option will be on day 1 and day 2 (that is Monday 30 and Tuesday 31 July). Students choosing XC will be on Day 3 and Day 4 (that is Thursday 9 August and Friday 10 August).

Thorough preparation will help ensure your child has a more productive, enjoyable time on the snow.

- Please **LABEL EVERYTHING!** All your child's Skis, stocks, boots, bag, clothing.
- Bring extra set dry clothing.
- Students **do not need** to bring any money.
- Pack morning tea and lunch. Don't forget a small chocolate bar for energy and the *mmm* factor.
- When hiring your gear, make sure your boots fit. Be fussy! (Hopefully this will be the first ski program in 21 years where someone doesn't bring up 2 left boots.)
- Know how your bindings do up and release.
- Conditions can change quickly in the mountains, so always plan for the worst conditions. You can always take a layer off!
- Remember the **sunscreen** and don't forget your water!
- Know your instructors name and treat them with respect.
- Bring your smile and manners and know the *Alpine Code of Conduct*.

RESPECT GETS RESPECT!

PSS: Less than 1% of Aussie School Children have school skiing for sport. Let's appreciate how lucky we are!

PSS: for a bit of fun. Get involved and make someone else smile!

Monday 30 July – Boxer shorts Monday

Thursday 9 August – Ski helmet decoration Thursday

Tuesday 31 July – Wacky tie Tuesday

Friday 10 August – Free choice Friday

Daily Timetable for all ski days

8.00 am	Busses Leave school. Primary Campus
8.25 am	Berridale pick up – Arlberg Ski Hire
8,45am	Jindabyne pick up - Old Town Centre
9.30 am approx.	Arrive Smiggins, unpack ski gear, morning tea, attach tickets, hug someone!
10.30 – 2.30.	Ski Lessons
3.45 pm approx.	Jindabyne drop off – Old Town Centre
4.15 pm approx.	Berridale drop off – Arlberg Ski Hire
4.45 pm approx.	Arrive primary campus – help unload the bus!







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EQUIPMENT STUDENTS NEED TO HAVE

<u>Eye Protection</u>	Goggles and sunglasses. Please note: Sunglasses are not very effective when it is snowing heavily.	
<u>Gloves</u>	Good quality <u>ski</u> gloves – a spare pair is often a good idea	
<u>Ski Jacket and ski pants</u>		
<u>Beanie and hat</u>		
<u>Sunscreen</u>		
<u>Helmet</u>		A snowsport approved helmet must be worn at all times on the slopes If snowboarding –approved snowsport guards to be worn
<u>Wrist Guards</u>		
<u>Clothes</u>	A dry change of clothes (including socks) packed in a separate bag. Conditions can change very quickly in the mountains. If children get wet, and don't have a change of clothes, it can be a very cold afternoon.	
<u>Skis, boots, poles, boards</u>	Please make sure they fit as comfortably as possible, that they are not broken and that there is a left and right foot. Each day your child must have the Snowsport	
<u>Ski boots</u>		
<u>Ski Checklist</u>	Checklist filled in and shown to a teacher before they get on the bus. Please remove this form from this information pack and complete it each day.	
<u>All Equipment</u>	LABELLED. 	



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SNOWSPORT CHECKLIST

NAME: _____ CLASS: _____

Every snowsport day this form is to be filled out and presented to a teacher before your child boards the bus.

Please tick the items your child has with them and then sign in the appropriate place. **Please remember to remove ALL labels from hire gear before you return it.**

ITEM	DAY 1	DAY 2	DAY 3	DAY 4
Skis/Board Labelled (electrical tape)				
Boots Labelled				
Gloves (not woollen)				
Helmet				
Water/Sunscreen				
Sunglasses and Goggles				
Parka				
Morning Tea				
Lunch				
Spare change of clothes (socks, t-shirt, etc.)				
Hug someone in your family				

Parent/Carer signature:

Day 1

Day 2

Day 3

Day 4



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2018 Primary Snowsports Parent Helpers

Dear Parent/Carers,

On our Primary Snow sports program, we would like to know of any parents willing to accompany us on the day to help. You can choose to drive up or catch the bus with the students, there should be adequate seats available. There will be a limited number of ski passes available (Feel free to share your ski pass with someone else i.e. half days skiing each. We will try to accommodate your requests. No promises though!

Yours sincerely,

Mike Introna

Parent Helpers

I _____ would like to volunteer to help with the Primary Snowsports program.

I am a skier / non skier

I have a season pass

I am available on the following day/s:

Monday 30 July

Tuesday 31 August

Thursday 9 August

Friday 10 August



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ALPINE RESPONSIBILITY CODE



Regardless of how you enjoy your snow sport, always show courtesy to others and be aware that there are inherent risks in all snow recreational activities that **common sense**, **protective equipment** and **personal awareness** can reduce. These risks include rapid changes in the weather, visibility and surface conditions, as well as natural and artificial hazards such as rocks, trees, stumps, vehicles, lift towers, snow fences and snowmaking equipment

OBSERVE THE CODE AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A GREAT EXPERIENCE.

1. Know your ability and always stay in control and be able to stop and avoid other people or objects. **It is your responsibility to stay in control on the ground and in the air.**
2. Take lessons from professional instructors to learn and progress.
3. Use appropriate protective equipment to minimise the risk of injury.
4. Before using any lift you must have the knowledge and ability to load, ride and unload safely and always use the restraining devices.
5. **Observe and obey all signs and warnings.** Keep off closed trails or runs.
6. **Give way to people below and beside you on the hill. It is your responsibility to avoid them.**
7. **Do not stop where you are not clearly visible from above.**
Look uphill and give way to others when entering/exiting a trail or starting downhill.
8. Always ensure your equipment is in good condition and use suitable restraining devices to avoid runaway skiing/boarding equipment.
9. Do not ski, board, ride a lift or undertake any other alpine activity if your ability is impaired by drugs or alcohol.
10. If you are involved in, or witness an accident or collision, alert Ski Patrol, remain at the scene and identify yourself to the Ski Patrol.

KNOW THE CODE. IT'S YOUR RESPONSIBILITY.

FAILURE TO OBSERVE THE CODE MAY RESULT IN CANCELLATION OF YOUR TICKET OR PASS BY SKI PATROL OR OTHER AUTHORISED PERSONNEL.

'RESPECT GETS RESPECT'

FROM THE LIFT LINE, TO THE SLOPES, THROUGH THE PARK AND THE RESORT.

