

St Patrick's Canteen Menu - Term 2 - 2017

Breakfast

Cereal: Uncle Toby's Oats Special K Whole Grain Clusters	\$4.00
Toast: Wholemeal toast with a choice of spread.	\$2.50
Fruit Toast: Toasted fruit bread	\$2.50
Yoghurt: Chobani assorted flavours	\$3.50
Up and Go: Assorted flavours	\$2.50
Grab and Go Hot Breakfast:	\$4.00

Snacks

Fruit: Assorted fruits	\$1.00				
Veggie Sticks:	\$0.50				
PopCorn:	\$1.00				
Muffins: Different homemade muffin each week	\$2.00				
Cheese and Crackers:	\$2.50				
Fruit Salad:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Small</td> <td style="text-align: right;">\$3.00</td> </tr> <tr> <td>Large</td> <td style="text-align: right;">\$5.00</td> </tr> </table>	Small	\$3.00	Large	\$5.00
Small	\$3.00				
Large	\$5.00				

Hot Food

Toastie (2 Fillings):	\$2.50				
(3Fillings):	\$3.00				
Fillings can be your choice of chicken, ham, tuna, cheese and tomato.					
St Pat's Pasta:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Small</td> <td style="text-align: right;">\$3.00</td> </tr> <tr> <td>Large</td> <td style="text-align: right;">\$5.00</td> </tr> </table>	Small	\$3.00	Large	\$5.00
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Large	\$5.00				
Homemade, filling and healthy					
Chicken Burger:	\$5.00				
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Fresh bun with lettuce, tomato, cucumber, carrot and a choice of sauce with either a succulent piece of chicken breast or a homemade beef patty.					
Sweet Chilli Chicken Wrap:	\$5.00				
Succulent chicken tenderloin on a fresh wrap with lettuce, tomato, cucumber and carrot with mayonnaise and sweet chilli sauce.					
Garlic Bread:	\$2.00				
Hot Dog (Tuesday Only)	\$4.00				
Pizza (Wednesday Only)	\$3.00				
Beef Pie (Thursday Only)	\$4.60				
Party Pie(Thursday Only)	\$1.10				
Sausage Roll (Thursday Only)	\$3.50				
Cheese and Bacon Roll (Friday Only)	\$2.00				

Cold Food

Rainbow Wrap: Fresh salad with ham, Chicken, or tuna and mayonnaise	\$4.50
Tandoori Chicken Wrap:	\$5.00
Fresh Salad with tandoori marinated chicken and a yoghurt dressing.	
Sushi (Wednesday – Friday only)	
Vegetable:	\$3.00
Salmon:	\$4.00
Teriyaki Chicken:	\$4.00
Tuna:	\$4.00
Garden Salad:	\$4.50
Fresh lettuce, cucumber, carrot, tomato, capsicum and an egg with a Caesar dressing.	
Chicken Salad:	\$6.00
Fresh garden salad with lemon and herb marinated chicken and a Caesar dressing.	
<u>Drinks</u>	
Oak Milk: Choc, Strawberry and Banana	\$2.00
Juice: Apple, Orange, apple and b/current	\$2.00
Fruit Drink: Orange/ mango and Orange/ passionfruit	\$2.00
Water:	\$1.00

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Frozen

Frozen Fruit Cup: Apple or Orange	\$1.00
Frosty Fruit: Tropical or watermelon	\$2.00
Quelch Stick: Various fruit flavours	\$0.50

Other

Reuseable lunch bags:	\$10.50
Paper Lunch Bags:	\$0.10

\$8.00 Meal Deals

Deal # 1

Rainbow Wrap
Popcorn or Frozen fruit cup
Slinky Apple
Choice of drink

Deal #2

Choice of Sushi
Popcorn or Frozen Fruit Cup
Slinky Apple
Choice of Drink

Deal #3

Chicken Burger
Slinky Apple
Choice of drink

Deal #4

Small Pasta
Garlic Bread
Slinky Apple
Choice of Drink

Volunteers Always Welcome

Keep up to date with what is happening on the school facebook page or in the newsletter.

Mini Canteen is offered on Wednesdays to Primary and Infants students. Items are priced between 50c and \$2.00.

Years 3 – 6 also have an opportunity to access the canteen every Friday afternoon during their second break.

St Pat's Canteen follows the NSW Healthy School Canteen Strategy.

For more information please contact us.