Dear Parents and Friends of our School Community

Come Gracious Spirit, Heavenly Dove,
With light and comfort from above.
Be Thou our Guardian, Thou our Guide,
Stay close by every child’s side. Amen

The 2014 Families Australia report to the Royal Commission into Institutional Responses to Child Sexual Abuse concluded with this statement: “The Commissioners’ hope is that, through our work, a process of healing will be initiated for many survivors and permanent change made to the way institutions are managed and respond to sexual abuse of children. The necessary changes must be reinforced by appropriate regulation and supervision. The shock we are all experiencing will hopefully bring real change for the children of future generations. [This work] is changing the Australian community’s conversation about the care of children.” We pray that all children entrusted to the care of adults experience safe loving and gentle guidance. After all, when we invest in our children, we are affecting the world for generations to come.

At St Patrick’s, we also are having conversations about the best ways to ensure that there is always good care for the students. Recently, our ‘duty of care’ policy and practices have been placed under the spotlight. From the beginning of Term 2, a teacher will be on duty from 8.30 for supervision in the morning. We are also reviewing the supervision of students on the playground during the day and during excursions.

This is an exciting phase of Year 10s’ lives and it is important that there is plenty of time allocated to the decision-making process for their future. After consultation with Mr Michael Lee, the Principal from St Mary MacKillop College, I am pleased that Year 10 students attended an introductory day to senior studies today. Students were guests at a senior assembly, visited classes, enjoyed a provided lunch with the senior students and had the opportunity to speak with subject advisors.

This was not just an orientation to MacKillop, but part of the overall ‘aspirations program’ at St Patrick’s to encourage students to envision themselves as senior students (wherever that might be) and then to work towards that goal.

Thank you to both the teachers and the parents who have engaged in conversation about students and their academic progress at the Year 7-10 Parent/Teacher/Student conferences this week. We also appreciate the support of the Ex-services’ Club in being allowed to use their facilities.

On Easter Sunday, Jesus’ resurrection is a promise that he will always be at our side. I hope that all St Patrick’s families have a joyful Easter celebration, remembering that important part of our faith.

Have a safe and happy holiday with your children. I look forward to their return on Tuesday 29 April.

Mrs Frances Robertson
Principal
Dear Students and Parents

Winter Uniform
When students return on April 29 all are expected to be in full Winter uniform. I take this opportunity to commend the students on how well they have worn the school uniform in term 1. I am particularly impressed with the standard of the Primary school uniform that I see on the crossing most mornings. Your correct wearing of the school uniform demonstrates a sense of belonging to the St Patrick’s Community. Thank you and well done.

New date for Working bee
The new date for the working bee will be Saturday 3rd of May. This is the first weekend of term 2 and is a week before the Mother’s Day Stall and Grandparents and friends day.

Thank you
A heartfelt thanks to Mrs Jenni Fraser who has been with us this term, taking Science whilst Mrs Sue Wallace is on leave. I would also like to acknowledge our wonderful relief teachers who have been with us this term. Without you our school could not run on some days. Thank you for your patience and willingness to take on a class at such short notice.

Anzac Day
Each year St Patrick’s students and teachers march on ANZAC day, at both Berridale and Cooma. The whole of the Cooma and Berridale communities comment on our excellent student numbers at each ceremony both primary and secondary students and also on the high standard of our school uniform. ANZAC day this year is on the last Friday of the holidays. If you would like to march remember that you must be in full winter school uniform. The meeting times are below.

- Cooma - meet at 10.30 on Mack’s Corner in full winter uniform.
- Berridale - meet at 10.30 at Exchange Square in full winter uniform.

Have a happy and safe holiday

Thank you
Mark van Ommen
Assistant Principal

and coming events....

Thursday 10 April
Yr 7 Boys’ group meeting - 9am
K-10 Cross Country - Lions Park
K - 10 Holy week Liturgy

Friday 11 April
**Last Day of Term 1**
K - 6 Easter Bonnet Parade 12pm - 1pm

Monday 14 April - Monday 28 April
Term 1 School Holidays

Friday 25 April
ANZAC Day

Monday 28 April
Staff Professional Learning Day

Tuesday 29 April
**Students return ready for Term 2**
CCC Swimming
Yr 10 Fair Trading Talk: ‘Revv it up’

Wednesday 30 April
K-10 ANZAC Liturgy at 12pm

Thursday 1 May
Interschools’ Gymkhana
P&F meeting 7pm

Friday 2 May
Interschools’ Gymkhana
K - 6 Athletics Carnival
Yr 10 Geography Excursion - Blue Lake

Saturday 3 May
Interschools’ Gymkhana

Sunday 4 May
Interschools’ Gymkhana

Monday 5 May
Secondary Archdiocesan Tennis
Yr 7 & Yr 9 Boys’ Immunisation
NAPLAN

In 2014 the National Assessment Program for Literacy and Numeracy (NAPLAN) testing for Years 3, 5, 7 and 9 will be held during the 13-15 May. If your son or daughter has special needs, or requires special provisions during their classroom learning, these will be provided during the NAPLAN testing. If you have any concerns regarding the support provided, please contact the relevant Learning Support teacher, Melinda Barrett (Primary) or Amanda Knott (Secondary).

If you wish to withdraw your son or daughter from all or some aspects of the NAPLAN testing you may do so. All withdrawals require a signed Parent/Carer Choice to Withdraw form. These forms are available from myself as NAPLAN Coordinator.

NAPLAN Testing dates for 2014 are:

<table>
<thead>
<tr>
<th>Tuesday 13 May</th>
<th>Wednesday 14 May</th>
<th>Thursday 15 May</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Language Conventions</strong>&lt;br&gt;(Spelling, Grammar and Punctuation)&lt;br&gt;<strong>Writing</strong></td>
<td><strong>Reading</strong></td>
<td><strong>Numeracy</strong>&lt;br&gt;(Number, Algebra, function and pattern; Measurement, chance and data; and Space)</td>
</tr>
</tbody>
</table>

Further general information about NAPLAN is available at [http://www.nap.edu.au/](http://www.nap.edu.au/)

Stephanie Lovat  
Curriculum Coordinator

Interschools Gymkhana, 1-4 May 2014

With only two days before the SMGS interschools gymkhana next term, there will be little time to organise our students. Points to note are:

Entries can still be made via the SMGS website.

If you need to purchase a plaited browband ($40/browband) please contact Kylie Douch at kdouch@bigpond.net.au or 6456 3549 or 0412 666 646. The lengths of the browbands are: full 38cm, cob 35 cm, and pony 32 cm. An order will be placed on Friday 11 April. This is the very latest which we can send orders since the SMGS gymkhana coincides with Easter and the Sydney Show.

We will also be plaiting stockhorse browbands during lunchtimes on Tuesday 29 April and Wednesday 30 April in S1 of the secondary campus. Could parents of primary and infant riders who will be using stock bridles, please leave your labelled bridle at the school office on Tuesday morning so we can have it plaited in time.

I will distribute yellow saddle cloths to all students on Tuesday or Wednesday. Before Term 2 starts, please can you email me with your child’s name, class and class teacher. Also state whether you require a full- or pony-sized saddle cloth.

If you still have one of the yellow saddle cloths from either Berry or SMGS 2013 gymkhanas, please return it to the office or myself ASAP.

All riders must compete in appropriate uniform: Approved safety helmet, riding boots, beige or cream jodhpurs (boys may wear moleskin trousers), classic white shirt (not girls’ school blouse) and school tie, and St Patrick’s green jumper (primary students may wear the sloppy joe).

All “St Patrick’s horses” must be clean (ALL botfly eggs removed). Horses competing in dressage and show ring events must be plaited.

Mrs Sue Wallace  marion.wallace@cg.catholic.edu.au
**St Patrick’s Parish School**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Sandwiches—Chicken, Ham or Tuna</td>
<td>$3.00</td>
</tr>
<tr>
<td>With Salad (Tomato, Lettuce, Carrot, Cucumber)</td>
<td>$4.00</td>
</tr>
<tr>
<td>Single Filling of either: Cheese, Egg, Baked Beans, Vegemite</td>
<td>$2.50</td>
</tr>
<tr>
<td>• Toasted 50c</td>
<td></td>
</tr>
<tr>
<td>• Extra Toppings Ham Cheese Tomato 30c each</td>
<td></td>
</tr>
<tr>
<td>• Roll 50c EXTRA</td>
<td></td>
</tr>
<tr>
<td>Wrap or Focaccia—Chicken, Ham, or Tuna with Cheese Tomato Capsicum—</td>
<td></td>
</tr>
<tr>
<td>Cold or Toasted</td>
<td>$5.50</td>
</tr>
<tr>
<td>Salad in a Container</td>
<td>$5.00</td>
</tr>
<tr>
<td>Extras: Egg 50c, Chicken, Ham or Tuna</td>
<td>$1.00</td>
</tr>
<tr>
<td>Seasonal Fruit Salad—Large</td>
<td>$4.50</td>
</tr>
<tr>
<td>Small</td>
<td>$2.50</td>
</tr>
<tr>
<td>Chicken or Fish Burger on a Roll—</td>
<td></td>
</tr>
<tr>
<td>Plain</td>
<td>$3.50</td>
</tr>
<tr>
<td>With Salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>On Bread—Plain</td>
<td>$3.00</td>
</tr>
<tr>
<td>With salad</td>
<td>$4.00</td>
</tr>
<tr>
<td>Cheese and Bacon Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Garlic Bread—Large</td>
<td>$1.20</td>
</tr>
<tr>
<td>Small</td>
<td>$0.60</td>
</tr>
<tr>
<td>Large with Cheese</td>
<td>$1.30</td>
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</tbody>
</table>

**Sushi**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Available Wed/Thur/Fri</td>
<td>$3.00</td>
</tr>
<tr>
<td>Tuna or Vegetable</td>
<td>$3.50</td>
</tr>
<tr>
<td>Salmon or Chicken</td>
<td></td>
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<tr>
<td>Soy Sauce is included</td>
<td></td>
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**Hot food**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Spaghetti Bolognese</td>
<td>$4.00</td>
</tr>
<tr>
<td>Macaroni Cheese</td>
<td>$4.00</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$3.00</td>
</tr>
<tr>
<td>Party Pie</td>
<td>$0.80</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$2.50</td>
</tr>
<tr>
<td>Spinach and Ricotta Roll</td>
<td>$2.50</td>
</tr>
<tr>
<td>Potato Pie (winter only)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pizza - Homemade</td>
<td>$2.00</td>
</tr>
<tr>
<td>Hot Dog</td>
<td>$2.50</td>
</tr>
<tr>
<td>Chicken Nugget</td>
<td>$0.60</td>
</tr>
<tr>
<td>Tomato Sauce</td>
<td>$0.20</td>
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</tbody>
</table>

**Drinks**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALL Drinks</td>
<td>$2.00</td>
</tr>
<tr>
<td>Lite Oak Milk—Strawberry, Chocolate, Banana</td>
<td></td>
</tr>
<tr>
<td>Juice—Orange, Apple, Apple &amp; Black Currant</td>
<td></td>
</tr>
<tr>
<td>Tea or Hot Chocolate (Secondary Only)</td>
<td>$1.50</td>
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</tbody>
</table>

**Snacks**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Frozen Orange or Apple Fruit Cup (Gluten Free)</td>
<td>$0.50</td>
</tr>
<tr>
<td>Frozen Yoghurt—Strawberry, Mango</td>
<td>$2.20</td>
</tr>
<tr>
<td>Quelch Sticks</td>
<td>$1.00</td>
</tr>
<tr>
<td>Popcorn</td>
<td>$1.00</td>
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</tbody>
</table>

**MEAL DEAL ON FRIDAY—Check the newsletter each week**

**Mini Canteen available MOST Wednesdays, items from 50c.**

**Please Note:** Please write names, class and order CLEARLY on bag. If a student forgets their order, food will be supplied and a note will be sent home, so the canteen can be reimbursed.

**GLUTEN FREE TOASTING AVAILABLE ON REQUEST: 50c**

Please do not tape or staple bags.

School Website: www.stpatscooma.nsw.edu.au
Flashmob Frenzy!! Flashmob Frenzy!! Flashmob Frenzy!! Flashmob Frenzy!! Flashmob Frenzy!!

At 2nd half lunch, Monday, the Black Eyed Peas’ ‘I Gotta Feeling’ suddenly blasted into the quad via the PA system. One Year 10 began dancing a rehearsed routine, which had been taught to Year 10 in order to start a flashmob (a first for St. Patrick’s). Most of the secondary students joined in to create a successful dance. Some students then dispersed and continued with their school day. Everyone would agree that this unexpected event was enjoyable, great to be a part of and contributed to our sense of belonging. Thanks must go to the enterprising Year 10 students who came up with the idea of this community event and to Ms Daley and Mrs Stacey for the behind the scenes organising and for being the only teachers to join in.

You are invited to our...

K-2 Grandparents’ and Friends’ Day

9 May

12:30pm Classrooms activities
1:20pm: Picnic Lunch on the oval (Weather permitting)
2:00pm: Conclusion of Grandparent’s and Friends’ Day

Grandparents and Friends are welcome to have a lunch order. Please send in a lunch order labelled ‘Grandparents’ and Friends’ Day’ by Monday 5 May.

- Pie with sauce and a drink of flavoured milk or juice for $5.20
- Chicken salad roll with a drink of flavoured milk or juice for $5.50
- Hot dog with sauce and drink for $5.00
- Flavoured Milk (chocolate, strawberry or banana)
- Juice (orange, apple and apple and blackcurrant)

School Website: www.stpatscooma.nsw.edu.au
Reaching out to others

Thank you to all the students from the Social Justice Group and parents who helped with the ‘Milkshakes and Munchies’ Stall on Saturday. We were able to raise $243.00 for Caritas, which will be added to the school contributions for Project Compassion. In addition, A ‘Milkshakes and Munchies’ mini canteen was held on the Primary campus on Wednesday 2 April to raise money for St Joseph's Boarding School and orphanage in Andhra Pradesh India. Thanks to all teachers/teacher assistants for the collection of money and help on the day and to our wonderful Mini Vinnies group who helped to make 62 milkshakes and 85 ice cream cups! We made a profit of $303.00.

MaryAnn Fraser
Organiser

Year 8 Tathra Day

On April 1, Year 8 travelled to Tathra to learn about surf safety, raft building and kayaking. Everyone enjoyed the beach and the activities we were guided through. Highlights of the day were body surfing and boogie boarding at the beach, and swimming off the kayaks on the river. We would like to thank Mr Lawley and Mrs Fraser for organising the program and also Ryan and Sven from Coastlife for being our instructors. We had a great day!

Written by Bas de Ruijter and Alexei Shatrov

The ‘MacKillop Pathway’ for Senior School in 2015

For those families wishing to pursue the ‘MacKillop Pathway’ for Years 11 and 12 in 2015, there will be a visit by former St Patrick’s students in our library on Tuesday 6 May in period 6 (2.40pm) to speak to Year 10 about their experiences in transitioning to senior school. This will be followed by a general information presentation at the Ex Servicemen’s Club, Vale St, at 6pm on 6 May to speak to the community about the options at MacKillop. This will be presented by Mr Michael Lee and the Isabella Campus Coordinators.

There will also be a formal Information Evening at St Mary MacKillop College on May 14 about senior studies and the subject selection process.
School Fees Assistance

Application Forms for assistance with School Fees for the period of Term 2 2014 to Term 1 2015 are now available at the school office. A new application must be submitted each year and this must be accompanied by copies of at least two current, relevant pieces of documentation. Please note that assistance is limited and applications must be lodged by Friday 11 April 2014. No late applications will be accepted.

If further information is required, please contact Mrs Frances Robertson on 6452 1721.

School Fee Information Update

Due to the increased cost of printing and postage, it is now necessary to email all family school fee invoices and reminders.

From Term 2, fee invoices will be sent to the email address that has been provided to the school. If you wish your statement to be sent to an alternative address please notify the office on 6452 1721 or by emailing office.stpatscooma@cg.catholic.edu.au. For those families without email addresses, statements will continue to be posted.

For families who receive a Centrelink payment, a Centrepay facility has been established so school fee payments can be debited directly from your payment. Please see the office if you require further details.

<table>
<thead>
<tr>
<th>Term 2 SWAG Values</th>
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<tbody>
<tr>
<td><strong>Week 1</strong></td>
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<tr>
<td><strong>Week 2</strong></td>
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<td><strong>Week 3</strong></td>
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<td><strong>Week 6</strong></td>
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<td><strong>Week 7</strong></td>
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<tr>
<td><strong>Week 8</strong></td>
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<tr>
<td><strong>Week 9</strong></td>
</tr>
</tbody>
</table>

Students Who Achieve Greatness

Congratulations to Olivia Bottom, Matilda Joyce, Samuel Williams, Poppy Sizmur, Charlotte Dakin, Isabella Cairns, Georgia Knowles, Amber Martin-Smith, Sidnee Purcell, and Khoury Kalim (absent for photo).

Last week’s theme was Caring.
Parents often worry about their children quarrelling or fighting with each other. A certain amount of conflict is normal between children in families. It is one of the ways that they learn how to get on with other people. Sometimes parents will need to step in when tempers become frayed and you can see that things are getting out of control or someone is being hurt.

**Conflict and arguing between children**

Arguments between brothers and sisters are one of the ways that children learn the importance of respecting other people's feelings and belongings. It is also one of the ways children learn to sort out problems.

Learning to argue fairly and without hurting each other at home will help children learn how to sort out issues for other relationships in the future.

**What causes this conflict?**

- Children in families fight about parents' love and compete for your attention or time. If you seem to have more time for one child than you do for another, they are likely to be jealous. Many adult children can still get upset and feel jealous of their siblings.
- Often an older child who feels hurt and angry will try to get at a new baby or younger child in some way. If the parents then rescue the younger child (as they have to) and at the same time punish the older child, it makes the older child feel more unloved and misunderstood.
- A habit can develop, where one child always seems to be the one who starts the fights. The parents feel that they should rescue the child who is being picked on. This makes the one who 'started it' feel worse, and so this child will start another fight when the chance comes.
- Learning to live together in a family takes some sorting out with different ages, needs and personalities involved. Some conflict is to be expected and is very normal (but not always easy to live with!).

*Remember the child who seems to start the quarrel is not always the one who does so. Often one child will do something to annoy the other child knowing he will react and then get into trouble.*

**What parents can do**

Here are some steps you can take to help prevent quarrels.

- Protect the needs of each child, for example, prevent older children's activities from being messed up by younger children and vice versa.
- Spend special time with each child on a regular basis.
- Allow each child to own some special things that they don't have to share.
- For younger children, see that there are more than one of the same toys such as Matchbox cars so that they can play together without having to share. Two second-hand tricycles are often better fun than one new one that has to be shared.
- If you have three children, make sure that the same one is not left out every time. Invite other children over.
- Children need their own bit of space which will not be interfered with by others, even if it is only a special drawer.
- Try not to compare children with each other – this always leads to bad feelings.
- Be generous with hugs and affection to all your children.
- Together make 'ground rules' about what behaviour is not allowed in your home, for example, no name calling or hitting. Then if you have to break in, you do so because someone has broken a rule that everyone knows about, and not to just take sides.
- When you can see that children are feeling upset, help them to find ways to express their feelings. For younger children, play that helps with feelings includes water play, painting, playdough. For older children and teenagers doing things like going for a run or playing their music can help. Talk with them about what helps them.
Children need you to teach them how to solve problems, to listen to each other and then to look for solutions that are fair to both.

When you have to step in

They don’t always need an umpire. It is sometimes better not to step in but to let your children learn to sort things out for themselves. You need to step in when someone is about to get hurt or things are getting out of control.

• Be aware of your own feelings. If you are feeling angry with one child or more loving towards another, make sure that you are fair.

• If children come to you for help to sort out a problem, try not to take sides. Remember you probably did not see how it all began. If temper are not out of control, listen to each child so that each feels heard. Tell them that you understand that it is a difficult problem and that you think they can probably sort it out for themselves. Suggest they try this first. You might have to remind them of the family rules.

• Help them to listen to each other’s feelings and try to work out ways to solve the problem. Work with them to think of options if they seem stuck. For example, if they are fighting over a TV program you might say, ‘Joe wants to watch this program and Maria wants to watch the other one. What are some things you can think of to do that would be fair and make you both happy?’ You might have to help with suggestions at first. When they have agreed on a solution, give it a try and then check to make sure it is working. If not, have another try at working it out. This is good training for when they are older and need to be able to solve their own problems.

If you need to troubleshoot

• Sometimes temper are getting high and you will need to help.

• With a young child who is about to hurt another child, quickly separate them. Keep the child who is angry with you for a while or find her something different to do until she has calmed down.

• You may have to separate older children until tempers cool. Remember that separating children does not solve their problem. Help them to work out a way to do things differently when they are calmer.

• It is often helpful to get children used to the idea of apologising to each other and saying sorry. They may not want to do this, but being able to say sorry is a very important thing in any relationship.

Reminders

• Don’t try to treat all your children exactly the same as each other because they are different people at different ages and with different needs.

• It is important that your children see you as being reasonable and fair in how your respond.

• If children ask whom you love best, tell them that each of them is special to you in your own way and that no one could replace them.

• Don’t label children, for example, as difficult or the cause of the trouble.

• Teach children to say how they feel with words not actions.

• Don’t look for someone to blame. Look for ways to do it differently next time.

• Children need to know that you understand how they are feeling.

• Help children to find other outlets for their feelings through play.

• Feeling jealous of parents’ love for other children in the family can be a major cause of stress for a child. To a child, love means time and attention.

• It is natural for parents to not always feel the same towards all their children from time to time.

• Love can never be shown in exactly the same way for every child but each child needs to feel sure of being loved.

Want more information?

Child and Youth Health  www.cyh.com

Parenting SA  www.parenting.sa.gov.au

ParentLink

Call 6205 8800
9am-9pm Mon-Fri
for parenting
information and advice
www.parentlink.act.gov.au

ACT Government

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Produced by: ParentingLink, Office for Children, Youth & Family Support, GPO Box 158, Canberra ACT 2601 Tel: 02 6207 1039 Fax: 02 6205 0968 Email: parentlink@act.gov.au

School Website: www.stpatscooma.nsw.edu.au  Page 7  ST PATRICK’S PARISH SCHOOL A SCHOOL WITH ALTITUDE
4M Thank Caroline Blyton

We extend our thanks to Caroline Blyton (mum of Sam Williams) for helping 4M with discus. Caroline has competed at National level in discus, shot put and hammer. She demonstrated the correct technique for throwing the discus and then recorded the students’ throws.

We appreciate and thank her for her generosity.

1D Newsletter

During Term One, we have made up funny rhyming sentences with word families in Spelling:

- The kitten will spit in the little mitten. (Riley Kofler)
- The bat had a battle with the cat. (Gabrielle Bitar)
- Dan and Jan made a plan in the van. (Jett Kelly)
- Jett is in the net. I bet he will get wet. (Jorja Geelan)
- Buttercup the butterfly had a nut in his gut. (Reece Coyne)
- The chin was in the pin tin. (Evie Schulz)
- Ben and the men sat on the hen. (Ben Smith)

Our Science and Technology unit, Spot the Difference, has had us comparing changes in food when heated/cooked or cooled.

We made towers with raw spaghetti and marshmallows – very tricky!!! We also created pictures with drawings and cooked spaghetti based on a poem about spaghetti – very messy!!!

School Website: www.stpatscooma.nsw.edu.au
P&F Mother’s Day Gift Stall 9 May

Our annual Mother’s Day Stall for the Infants and Primary students will be held on Friday 9 May in the Primary Library. Students are asked to donate a small gift which will be used on the stall.

We ask for gifts to be wrapped in clear cellophane so it is easier for children to see what they are buying. Could all gifts please be given to class teachers by Tuesday 6 May.

On Friday 9 May, every child in the Infants and Primary will be given the opportunity to shop at the stall for their mother /carer /grandmother. Gifts will be priced between $2.00 and $5.00. All profit goes to supporting our school.

Suggestions for gifts include - hand cream, pot plant, gardening gloves, a magazine, chocolates, bath products, coffee mug filled with sweets, ......

For enquires or if you are able to help on the day with the stall, please contact Natalee Reid at mws@schutebell.com or on 0412910152

The P&F are looking for someone to fill the role of Assistant Treasurer. If you are interested in getting involved in the P&F or would like to ask some questions about what the role would include please contact Kris Laird (Treasurer) krislaird@gmail.com or 0400 695594 or Karen McGufficke mkmcgufficke@bigpond.com or 0417 496708.

Next P&F Meeting is first week back after the holidays on Thursday, 1 May at 7.00pm in the Primary Library. Everyone welcome!

Mother’s Day Special – Nourish Cookbook!

WHY NOT THINK ABOUT A COPY OF OUR NOURISH COOKBOOK FOR MOTHER’S DAY THIS YEAR? PURCHASE ONE BOOK FOR $20 OR 3 FOR $50!! AVAILABLE FROM THE SCHOOL OFFICE.

School Board Report

The School Board takes this opportunity to wish all our staff, students and their families a safe holiday break. May Easter be a time to connect with family and friends, relax and set some goals for the coming school term.

Canteen News

Thank you to all the amazing volunteers who have enthusiastically helped me throughout Term 1. I am looking forward to seeing you again and some new faces in Term 2. Please look out for the new canteen menu and take note of any changes. Thank you to Gabi Steiner for her design.

MINI CANTEEN: There will be NO mini canteen in the first week of Term 2. This will commence again in Week 2. Thank you to Year 6 for your help with this.

FRIDAY LUNCH ORDERS

MYSTERY LUNCH: This will include something HOT and something SWEET and COLD, guaranteed to make you SMILE and fill your hungry tummy! The cost is $5.00. *NO SUSHI IS AVAILABLE THIS WEEK*

Thank you for your support over this busy Term and I would like to wish you a safe and Happy Easter!

Carolyn Hely
Canteen Manager
Easter Timetable Church Services

2nd Rite of Reconciliation
8 April 6.30pm Cooma
9 April 6.30pm Bombala
10 April 7.00pm Jindabyne

Passion Sunday
12 April 6pm St Patrick’s Cooma Mass
13 April 8am St Mary’s Adaminaby Mass
10am St Patrick’s Cooma Mass

Holy Thursday
17 April 6.30pm St Patrick’s Cooma Mass

Good Friday
18 April 10.00am St Patrick’s Cooma Stations
12 Noon St Andrew’s Nimmitabel Stations
3pm St John’s Anglican Church Adaminaby Ecumenical Service
3pm St Patrick’s Cooma Passion

Holy Saturday
19 April 6.00pm St Patrick’s Cooma Vigil Mass
7.00pm St Andrew’s Nimmitabel Vigil Mass

Easter Sunday
20 April 8.00am St Mary’s Adaminaby Mass
10.00am St Patrick’s Cooma Mass

Lenten School Liturgy

Generosity shone out at our school liturgy this week, as students brought Project Compassion Boxes rattling with donations to place beneath our tree, the symbol of Living the Sacred. During Lent, I have heard of individual students really keen to help and support those in need. Classrooms have had a “donations gauge” to monitor and encourage the development of giving. Thank you one and all for your kind support. It is also wonderful to see students engaged in prayer together as a community. Our leaders in Secondary and Primary have proven throughout Term One to display leadership, commitment, enthusiasm, support and initiative and must be congratulated. Prayer, support of others and personal discipline are really not only for Lent, the challenge is ongoing.

Students prayed at the conclusion of the liturgy:

Jesus this Easter
we welcome you
into our lives
May we live in
truth with justice
and be like bread
that nourishes,
strengthens
and gives life to all
we meet.

Paul Mackay
Religious Education Coordinator
K-6 Easter Bonnet Parade—This Friday!

On Friday 11 April at 12:00 pm, the K-6 students will be having their annual Easter Bonnet/Hat Parade. The parade will be on the K-2 Campus.

For students in Kindergarten and Year 1 and 2, please work together with your child to make an Easter Bonnet for them to wear. Students in Years 3-6 are encouraged to make the hat themselves. This, of course, is optional.

Students can make their hats from scratch or just decorate a hat that they already have. All students who participate will receive a ticket to go in a class Easter raffle. This will be drawn directly after the parade.

There will also be the opportunity to win the SRC Easter Egg Basket. Raffle tickets for the raffle will be 1 ticket for 50c or 3 tickets for $1.00. Tickets will be sold on both Campuses, every day from Week 10 and Week 11.

We would like to invite all parents and friends to come and watch the students show off their creative designs.
Primary Sport Results

Congratulations to Isabelle Adams who finished 11th in 50m breaststroke at the MacKillop Trials in Sydney 28 March.

Congratulations also to the following students who were selected for Archdiocesan Football and Rugby League Teams: Amber Martin-Smith, Brianna Rankin and Molly Nichols and Jake Quodling, Hamish Bottom, Eli Wilkinson, Will Lehrmann, Connor Inskip and Nicholas Zusak.

Oliver!

There is much excitement gathering around our school production of Oliver.

We are launching our show t-shirt which will be similar to the image opposite. All cast and crew members have been given an expression of interest note to reserve a t-shirt. Watch this space in Term 2 if you would like to order a show t-shirt.

Congratulations

Congratulations to the following students who won awards in the Youth Homelessness Matters Art and Writing competition:

Thomas Hain, Sara Knott, Zak Roughley, Luci Clarke, Jasmin Statham-Smith, Neeve Creely, Elissa Bujalski, Madeleine Rooney, Penny Fletcher, Megan Schofield, Chloe Walsh, Abby Macnab and Emily Mills

Entries are on display at the Cooma Town Library until 11 April.

Seasons for Growth - A grief education program

Loss and grief are issues which affect all of us at some stage in our lives. Learning to deal effectively with these issues is central to personal wellbeing and happiness. Unresolved grief can also affect a student's learning.

Seasons for Growth is an Australian education program which supports participants who have experienced change in their family because of a significant loss such as death, separation or divorce. It explores issues such as change, loss, managing feelings, coping strategies and support networks.

Our school will be offering Seasons for Growth again this year. It will run for 8 weekly sessions of about 40-50 minutes and conclude with a celebration session. Later on, two further sessions will build on earlier learning.

If you think your son or daughter could benefit from Seasons for Growth we encourage you to talk to your child about this. We are confident that Seasons for Growth will be a valuable learning experience for those who request to be involved.

If you are interested in your child participating in this program, please email the school with the following details:

Your name:
Contact email:
Contact phone:
Your child's name:
I have discussed this with my child ( YES | NO )
Kids in the kitchen

“The kitchen is a great place to start developing the skills of independent living in your kids. Cooking by nature is practical, a lot of fun and you get to eat the results of your efforts immediately.”

Things have certainly hotted up in many Australian kitchens as family members go head-to-head inspired by some recent TV reality cooking show type competitions. Father-son cook-offs, mother-daughter bake-offs and all-in family challenges are the go as families rediscover what was once the hub of every home – the kitchen.

The positive spin-off from all this activity, apart from promoting better family relationships, is that kids are learning how to cook. For someone like me, who believes the fundamental goal of all parents is to make themselves redundant, teaching kids to cook is a no-brainer.

The kitchen is a great place to start developing the skills of independent living in your kids. Cooking by nature is practical, a lot of fun and you get to eat the results of your efforts immediately.

It has the added bonus of being boy-friendly. Many boys love to cook because it’s hands-on, messy and encourages creativity and experimentation. These characteristics suit the learning styles of many boys, particularly those who abhor being stuck behind a school desk. It’s little wonder that many of our top chefs are men.

If your kids haven’t been bitten by the cooking bug yet, here are some ideas guaranteed to get them into the kitchen, and developing a bunch of great skills as well:

- **Start young**: Kids should be able to cook an edible, interesting two course meal for the whole family by the time they finish primary school. They are perfectly capable of doing this, but from my experience, few kids can. The key is to start when children are young.

- **Start small**: If your kids are strangers to cooking and preparing meals, start by showing them how to make their school lunches, prepare snacks and prepare parts of the family meals. Little by little, increase the number of food preparation activities until they are familiar with the kitchen, feel comfortable with many of the utensils and can read some basic recipes.

- **You help me**: Cooking is one of the few activities that parents and kids can do together, so try to get a child involved in some way, each time you cook a meal. Whether it’s peeling vegetables, pouring water into a pot or stirring chocolate sauce in a bowl there are plenty of ways to involve kids with you in the kitchen.

- **Give them a purpose**: I’ve always found kids will usually do just about anything if they see a purpose for what they do. So if your child is a reluctant mini-chef, get him or her cooking for you, their friends or part of a family celebration. They will feel good about all the compliments they receive.

- **Let them choose**: Kids are more likely to stick to any decision that they have had a say in making. This is why I’ve always asked my children’s opinion about a range of matters. It’s about establishing some buy-in. The same principle applies to the kitchen. Invite your kids to choose a meal to cook, perhaps once a week, and be willing to work alongside them to produce a joint masterpiece.

If all this sounds a little high maintenance for your liking, consider the time spent developing the cooking habit in your kids as an investment in your future redundancy. You don’t want to be cooking for them forever.

Cooking is also a great way to get kids talking, because while their hands are busy, their tongues loosen up. So if you have a conversational clam in the family who keeps things close to their chest try some shoulder-to-shoulder parenting that cooking together provides.

Published by Michael Grose
Presentations.
All rights reserved. For more ideas, support and advice for all your parenting challenges visit:

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School Website: www.stpatscooma.nsw.edu.au
Nationally Consistent Collection of Data
School Students with Disability

Information for Parents/Carers

All Australian governments have agreed to work together to implement a new annual national data collection on school students with disability. This data collection process is being phased in over a three year period in 2013-2015.

The first two years will be a transition period. This means that all schools will begin preparing for participating in the collection from 2013.

In 2015, the first full national collection of data on school students with disability will take place in all Australian schools. From then on, this data collection will occur in every school every year, along with other school data collections.

WHY INTRODUCE A NATIONAL COLLECTION OF DATA ON SCHOOL STUDENTS WITH DISABILITY?

All Australian governments agree that every child in an Australian school, regardless of his or her circumstances, has the right to a high quality and inclusive education that meets his or her needs.

Better information about school students with disability will assist teachers, principals and education authorities to support their participation in schooling on the same basis as students without disability.

HOW WILL IT BENEFIT MY CHILD?

There are students with disability in every school in Australia at some point. This means that every school needs to be ready and able to support students with disability to ensure that any obstacles to participation and achievement in their school education are identified and minimised.

This new national data collection will reinforce the actions required of schools under the national Disability Discrimination Act 1992 and the Disability Standards for Education 2005. These laws mean that schools and education systems are required to make, where needed, reasonable adjustments for students with disability.

An adjustment is a measure or action taken to assist a student with disability to participate in education on the same basis as other students. Adjustments can be made across the whole school setting, in the classroom and at the individual level.

Determining the level and type of support needed for an individual student is not a new activity for Australian schools.

Currently there is only limited and inconsistent information available at a national level about school students with disability, their educational needs and the support provided to them.

The information provided by this new national data collection will enable all Australian governments to better target support and resources. That will assist students with disability in government and non-government schools across Australia to complete school and go on to further education or find employment.
WHAT INFORMATION WILL BE COLLECTED?
The following information will be collected annually at the school level:

- the level of adjustment provided;
- the number of students receiving each level of adjustment to enable them to participate in education on the same basis as other students; and
- where known, the student’s type of disability.

WHO WILL COLLECT MY CHILD’S INFORMATION AND HOW WILL THEY DO IT?
School teams will collect evidence based on:

- consultation with parents/carers;
- their observations and professional judgements; and
- any medical diagnosis.

The evidence will be collected over at least a 10 week period. This evidence will help the school teams to determine:

- which students to include in the data collection;
- the levels of adjustment that are provided, both within and outside the classroom; and
- the broad category of disability.

In line with good teaching practice and the requirements of the Disability Standards for Education 2005, you will continue to be provided with opportunities to discuss ways to assist your child overcome barriers and the adjustments that could be made to support your child.

Principals and school teams will be supported with training to assist them to make accurate judgements.

School principals will assure the accuracy of information collected about each student.

WHICH SCHOOLS AND STUDENTS WILL BE INCLUDED?
Your child’s school principal will be advised about their school’s involvement and when the school will be participating in recording information for the data collection.

A student will only be included in the data collection if he/she meets the definition of disability under the Disability Discrimination Act 1992 and the school has evidence of this.

CAN I WITHDRAW MY CHILD’S INFORMATION FROM BEING INCLUDED IN THE NATIONAL REPORTING ACTIVITY?
You decide whether you want your child’s information to be included or not in the national reporting activity. Your school principal will forward information to you once they are participating so you can make an informed choice.

HOW WILL MY CHILD’S PRIVACY BE PROTECTED?
Protecting the privacy and confidentiality of all children and their families is a key priority.

Authorised staff in each school will manage the information to ensure that personal or confidential information is not disclosed.

Transmission of data by the school will be done in such a way that the privacy and confidentiality of all students is protected.

When data are reported it will be at the school level only and no individual student will be able to be identified in the data collection.

WHAT WILL THE INFORMATION BE USED FOR?
It is intended that the data collected about students with disability will be published on the My School website and in other national reports on schooling from 2016 onwards.

Public reporting of these data will mean more is known about how all Australian schools and education authorities support students with disability.

Australian schools and education authorities will use these data as evidence to improve their support for students with disability.

FURTHER INFORMATION
For further information about the national collection of data on Australian school students with disability and how you can support it, please visit www.deewr.gov.au/students-disability.
What’s On .......

### APRIL 2014 SCHOOL HOLIDAY ACTIVITIES

<table>
<thead>
<tr>
<th>Monday 14th</th>
<th>Tuesday 15th</th>
<th>Wednesday 16th</th>
<th>Thursday 17th</th>
<th>Friday 18th</th>
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<tbody>
<tr>
<td>Drop in</td>
<td>Will Dance Off &amp; Sing Star</td>
<td>Easter Egg Making (craft)</td>
<td>Easter Party Lunch &amp; egg hunt</td>
<td>Closed - Easter</td>
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<tr>
<td>11am to 3pm</td>
<td>11am to 4pm</td>
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<table>
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<tr>
<th>Monday 21st</th>
<th>Tuesday 22nd</th>
<th>Wednesday 23rd</th>
<th>Thursday 24th</th>
<th>Friday 25th</th>
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</thead>
<tbody>
<tr>
<td>Closed - Easter</td>
<td>Pool Competition &amp; Games</td>
<td>Candle Making</td>
<td>Chill Out Day</td>
<td>Closed Anzac Day</td>
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<tr>
<td>11am to 4pm</td>
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**ALL ACTIVITIES ARE HELD AT THE HUB YOUTH CENTRE: 39-41 VALE STREET COOMA**

CONTACT CATHY 0403 498 322 OR EMMA 0417 135 092 FOR FURTHER INFORMATION

*ALL ACTIVITIES ARE FREE *FOR YOUNG PEOPLE AGED 12 TO 17 YEARS OF AGE *LUNCH PROVIDED DAILY

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**Junior Soccer 2014**

St Patrick’s 2014 Junior Soccer Registration has been extended until Friday 11 April. Thank you to everyone who has already registered and paid their fees. For further details about the 2014 Season, registration information or if you can assist in any way, be it with St Patrick’s Junior Soccer (Coaches / Teams Managers) please contact Simon Buckley - 0412 245 495 or simon_buckley@bigpond.com. Season 2014 will kick off on Saturday 3 May.