To the Year 10s of St Patrick's, Cooma

We are writing to you to thank and congratulate you on your amazing work. Thanks to you, we are on track to smash through our target of raising $10,000 for the Sony Foundation and their campaign ‘YouCan’.

We cannot express enough how important this cause is. Cancer will affect one in every hundred Australians before the age of 30. This isn't the only troubling fact. Since the 1970s, the general rate of survival among youth suffering from cancer has not improved at all. When teenagers are diagnosed with cancer, the presence of the disease can be shattering for their development to adulthood. School goes on hold, opportunities can pass by and friends and family undergo great amounts of stress.

This is why we hope that with the establishment of youth cancer centres, young people will be able to be put back into the ‘driving seat’ of their recovery. We think that young people suffering from cancer should able to fight the disease while still being able to live the free and happy life that every young person deserves. The establishment of specific youth cancer centres will provide families a safe haven in the city, where the whole family will be able to receive support whilst they are facing the biggest battle of their life.

We are overwhelmed by your efforts and hope that you have learnt a lot from your fundraising experience. Creating events, pursuing sponsorship and sourcing prizes and donations are all great skills to develop. More importantly, the selfless activity of doing things to help others is something that you should be very proud of. What you have done by helping us raise money for YouCan is just as positive for the initiative, as it is for yourselves. Ghandi once said, “be the change you want to see in the world” and you are already doing that. What is most impressive though, is that you are doing it at a far younger age than most. You are already choosing actions that are placing the wellbeing of other less fortunate people above your own. And for that, we congratulate you.

You are all a credit to yourselves, to your families and to your teachers.

The Mongol Rally (our crazy idea to highlight this situation where we drive from London to Mongolia in a bomb car) begins very shortly on 20 July and we hope that we can count on you for continued support. You can do this very simply by raising awareness for the YouCan campaign with your family and friends.

Lastly, we want you to come on the road with us! Please follow us on facebook and Instagram so we can share with you stories from this epic adventure.

Thanks again,
The Fine Line 2014 team: Harry, Andrew & Damian

Facebook: www.facebook.com/thefineline14  Instagram: @thefineline2014

And a huge thank to the staff who cooked, to the local businesses who supported this project and to the students who embraced a Mad Hatters’ Tea Party with incredible enthusiasm. We raised just over $1640; a mammoth effort.

I wish you a peaceful holiday, either somewhere warm or in very good snow!

Frances Robertson
Principal
Dear students and parents

**Long Tan Award**

Each year a Year 10 student receives the Long Tan Award. The Long Tan Award is provided to schools by the Australian Defence Force (ADF). It is awarded to a student who demonstrates leadership and teamwork, within the school and broader community and who display strong values. The Long Tan Award attracts a significant monetary prize, a certificate and is usually presented at our Awards Day on Friday 12 December by someone from the ADF.

This year we have changed the format slightly. Year 10 students who would like to be nominated for the award will need to submit a written application, describing what you have done to be considered for this award. This application must have a covering letter. It could also include a table showing how you satisfy most of the criteria or a folder with your certificates to show participation and leadership. Mrs Fletcher or myself will be able to help you with your application. This sort of application can also be used to apply for a scholarship or be part of your CV.

We have to give our nominee to the ADF by Friday 25 July, so **all applications need to be in to Mrs Robertson by Friday 18 July at 3:30pm.**

The school will find out who the successful recipient was at the Secondary Awards day in December.

**Unacceptable physical interactions**

In the last few weeks we have been witness to students behaving inappropriately on the playground. These incidents include students pushing and barging each other. In my conversations with these students I point out that such behaviour often leads to more serious physical confrontation and can also harm innocent bystanders. This sort of behaviour will not be tolerated as it harms the safe environment we try to maintain at St Patrick's.

**MacKillop Interviews**

On a more positive note, last week some of our Year 10 students had enrolment interviews for Year 11 at St Mary MacKillop College in 2015. This will be the second cohort of students that will take advantage of this pathway. Once again the MacKillop staff were so impressed with our students, which is a reflection of their education from K-10 at St Patrick's.

Please spare a thought for Mr Dunne this week. He supports the Sharks and Queensland.

Have a safe and relaxing holiday.

**All students return on Tuesday 15 July,** as Monday is a staff professional development day.

and coming events....

<table>
<thead>
<tr>
<th>Thursday 26 June</th>
<th>Tuesday 15 July</th>
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<tr>
<td>Yr6 Parish Mass 10am</td>
<td>Students return term 3</td>
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**Friday 27 June**  Last day of Term 2

<table>
<thead>
<tr>
<th>Thursday 24 July</th>
<th>Wednesday 23 July</th>
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<tr>
<td>Yr 7-10 Snowsports</td>
<td>Yr 7-10 Enrolment information tour</td>
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**Father Paul’s farewell 11.15 - 11.50am**

<table>
<thead>
<tr>
<th>Tuesday 22 July</th>
<th>Tuesday 24 July</th>
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<tbody>
<tr>
<td>K-6 Parent/Teacher interviews 4pm-7pm</td>
<td>Yr 7-10 Snowsports</td>
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<tr>
<td>Information session MacKillop - 6pm</td>
<td>Primary Southern Region Athletics</td>
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<tr>
<td>Yr 7 Enrolment information tour</td>
<td>Secondary Archdiocesan Netball –Qbyn</td>
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Council Visit

Stage 5 Commerce students interviewed the mayor, Councillor Dean Lynch, and had a tour of the council chambers on Wednesday.

They found out about how local government operates and the challenges and pleasures of being involved in local politics.

One of the highlights of the tour was looking at the Monaro sporting hall of fame, and trying on the mayor’s official robes!

Primary Snow Sports

A reminder that the primary snow sports costing letter has been sent home with students. If your child has not produced the letter from the depths of their school bag you can download a copy from our school web page at;


Payments are due Monday 21 July.

Secondary Awards Assembly

This will be at the conclusion of Fr Paul’s farewell assembly on Friday at approximately 11.50am/12 noon. All are welcome to attend.

Kindergarten interviews for 2015
Parent /Teacher /Student Conferences

Dear Parents

Parent/Teacher/Student conferences will be held at **4.00pm – 7.00pm** on **Tuesday 29th July** for Secondary and at **4.00pm – 7.00pm on Tuesday 5th August** for Primary.

You can now book interviews at times that suit **YOUR FAMILY BEST**.

Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and follow these simple instructions.

**BOOKINGS CLOSE Tuesday 29th July at 12pm** for Secondary and **Tuesday 5th August at 12pm** for Primary.

**Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)** and follow these simple instructions.

1. **Enter your details**
2. **Choose teachers**
3. **Choose times**

When you click **finish**, your interview timetable will be emailed to you automatically - **check your junk mail folder** if you do not receive your email immediately.

You can return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) at any time, and change your interviews - until bookings close.

For parents who don't have access to the internet at home, at work, at a friend's house or on their phones, the school office can be contacted on 64521721 for your child's interviews to be placed within the online booking system.

Interviews are strictly 5 mins and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

Parents can change their interview bookings, any time prior to the closing date, by re-visiting the [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 64521721

We would love to hear what you think about online booking. If you get time, click on the “contact us” button on the [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) website, and leave some feedback - anonymously if you wish, but please include the school’s name and suburb.

www.stpatscooma.nsw.edu.au
Letter from the School Board to St Patrick’s Parents

Dear Parents

As you would be aware, this year is the first year we have been successful in establishing a Catholic pathway to Years 11 and 12 with St Mary McKillop College in Canberra (Isabella Campus).

This year we have 22 students from Cooma attending St Mary McKillop College travelling by bus each day and we hope to have a similar number of students enrolling for 2015.

At present the direct bus providing transport for Cooma students to St Mary McKillop College is not being subsidised by the NSW Government. We are seeking support from the parent body to lobby the NSW Government to provide a fully subsidised bus from Cooma to St Mary McKillop College. We believe it will be more effective if parents write to John Barilaro MP, the Local Member for Monaro and The Hon. Gladys Berejiklian MP, Minister for Transport encouraging the NSW State Government to provide a fully subsidised bus service.

St Mary McKillop College has entered into an interim arrangement with Snowliner Coaches for the provision of a 24 seater bus at a cost of almost $100,000 per annum. This cost is being shared by the Catholic Education Office in Canberra, St Mary McKillop College and the Cooma student parents. If the Catholic pathway is to continue, it is essential the St Patrick's Parish Cooma parent body promote to the NSW Government their support and their desire to have a fully subsidised bus service.

For your information the following points can be included in your correspondence:

- The pathway for Years 11 and 12 at St Mary McKillop College allows Cooma students to remain in Cooma and continue to contribute to the electorate.
- Over 250 students from Queanbeyan and adjacent areas of NSW who attend St Mary McKillop College receive the NSW School Bus Subsidy.
- The partnership with St Mary McKillop College greatly enhances the viability of St Patrick’s Parish School Cooma.
- A further 22 current Year 10 St Patrick’s students have indicated their intent to attend St Mary McKillop College in 2015.
- A 50 seater bus will be required for Cooma students beyond 2014.

I encourage all St Patrick’s Parish School parents to send letters to our Local Member and the NSW Minister for Transport in an effort to obtain the fully subsidised bus transport and by doing so ensure the continuation of the partnership between St Patrick's Parish School Cooma and St Mary McKillop College Canberra which has and will continue to greatly enhance both our communities and our schools.

Bernie Sullivan
St Patrick’s Parish School Board Member

Mr John Barilaro
Member for Monaro
PO Box 998
QUEANBEYAN NSW 2620
email: monaro@parliament.nsw.gov.au

The Hon. Gladys Berejiklian MP
Level 35 Governor Macquarie Tower
1 Farrer Place
SYDNEY NSW 2000
email: office@berejiklian.minister.nsw.gov.au
**NET Visit**

“A class spending time together in “community building” outside the classroom is learning and it value adds to class learning and learning for life. It enhances relationships and understanding in students and this leads to personal growth. To experience such opportunities is to gain what is at the very heart of education.” (Paul Mackay-Teacher REC).

**The NET Visit**

- The NET-Team are professionally trained to specifically work with youth.
- They offer a peer-to-peer support.
- They focus on fostering the spiritual growth of young people without the pressure of other roles.
- They creatively overcome generational barriers, speaking into youth culture from a Christian perspective.
- They witness to the students through living a Christian lifestyle and demonstrating their commitment to mission.

The team is made up of full-time volunteers aged 18-30 who have deferred a year of work or study to live a community lifestyle, devoted to prayer, the Sacraments and mission.

They work within the Archdiocese of Canberra & Goulburn to create a link between school and parish, sharing faith, building community.

**NET Ministries seek to walk with the young people they encounter, helping them build a real and lasting foundation for their faith.**

The NET Encounter Days engage students’ reasoning, judgment, application and evaluation skills while exploring critical contemporary issues and encouraging students to integrate their life and faith. The Team engages students through small group discussions, creative rotational activities, topical debates, experience based learning activities and prayer.

The annual visit of NET Ministries represents a highlight on the school calendar for our students. The ability of the Team to connect with our secondary students often gives the students a valuable insight into how to cope better with their busy lives, at the same time that they can seek solace in a loving God. The diverse experiences and backgrounds of the Team adds to their credibility in terms of engaging young students in meaningful dialogue.

**Our students experienced the following themes:**

- **Year 10** - “Stepping Up” Leadership styles with Jesus as the ultimate example
- **Year 9** - “Hands & Feet” A social justice theme where students are reminded of their own human dignity, the dignity of others and are challenged with the question of, “What action do I need to take in my own life and circle of influence?”
- **Year 8** - “Take a Stand” Respect for self and others
- **Year 7** - “Who am I?” Support for young people to come to a greater awareness of their goodness and uniqueness as God’s sons and daughters.

An Encounter day consists of introductions, icebreaker activities, games, small group and team building activities, reflections, dramas, games that teach, individual sharing, whole group activities, individual reflection, prayer, support and challenges.

Congratulations to our students for your wonderful participation during last week. A great day was heightened with being able to wear casual clothes, order pizza for lunch, be in a new environment (the Uniting Church Hall) have cupcakes and crazy hats and generally have a lot of class community time together for growth.

[Images of students participating in NET visits]
Year 6 Flash Mob

On Thursday, 19 June, the Year 6 students performed their ‘Flash Mob’ routine to the entire K-6 school community. The final result ended up with 40 students from a variety of grades getting up to continue dancing to the second half of the song. Well done Year 6! Go to the St Patrick’s Facebook page to see some of the video.

<table>
<thead>
<tr>
<th>Term 2 SWAG Values</th>
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<tbody>
<tr>
<td><strong>Week 1</strong></td>
<td>Courage</td>
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<td><strong>Week 2</strong></td>
<td>Success</td>
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<td><strong>Week 3</strong></td>
<td>Honesty</td>
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<tr>
<td><strong>Week 4</strong></td>
<td>Working Hard</td>
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<tr>
<td><strong>Week 5</strong></td>
<td>Determination</td>
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<td><strong>Week 6</strong></td>
<td>Caring</td>
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<td><strong>Week 7</strong></td>
<td>Responsible</td>
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<td><strong>Week 8</strong></td>
<td>Excellence</td>
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<tr>
<td><strong>Week 9</strong></td>
<td>Friendship</td>
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Students Who Achieve Greatness
Confirmation
YouCan Too.

It is not every day that you hear something that shocks you so much that you feel compelled to drive unassisted from London to Mongolia for charity.

However, three young blokes, Andrew, Damian and Harry, all mates from uni, learnt that since the 1970s, the general rate of survival among youth suffering cancer has not improved at all. Cancer is the leading cause of disease-related death among Australia’s teenagers. Over one in 100 teenagers are diagnosed with cancer before the age of 30. This meant that they felt they had to do something.

After a little research, they came across the initiative called YouCan (Youth Cancer). With Canteen and the Sony Foundation, the long term aim is to fund centres specifically designed to support and treat young people with cancer. Currently there is only one in Australia. Although this is a $30 million project, it is important to start somewhere.

Starting on Sunday 20 July, the three young men, will set out from London in a car worth less than $1000. They will cross over 12,000 kilometres, 18 countries, 5 mountain ranges, 3 deserts and an infinite number of potholes.

And it’s all in the name of charity.

They have named their project --The Fine Line--, because it is such a fine line between being happy and healthy and then having cancer. It is also a fine line when you draw the route to be travelled across Europe and Asia for the Mongol Rally.

With only two languages between the team, limited experience in Asian countries and stomachs that are more used to beef than yak, the men are aiming to be finished their trek by 30 August with at least $10,000 raised for YouCan.

You are invited to support this project by going to https://give.everydayhero.com/au/the-fine-line.

Come on the road with us!
During Week 8, KG were focusing on the letter ‘c.’
For Creative Arts, we made a “Crocodile Crunching” c c c.
This is us painting our egg cartons for the crocodile’s body.
Physical Activity ......

Turn off the TV or computer and get active

✓ Set a limit on the amount of time children watch television or spend on the computer. Two hours a day is the maximum. Too much screen time limits physical activity.
✓ On the weekend, live life instead of watching it on TV. Find a new place to hike, bike or run. When you hear “I'm bored” – think of something active to do.
✓ During the winter months, avoid allowing children to watch too much TV or play video games. Encourage active play, which builds social, mental and physical motor skills.

While watching television...

Include some movement into children’s television viewing. Ideas may include:
✓ Stepping up – during commercials, walk on the spot and count the number of steps between each commercial break. See who can get the most steps.
✓ Change the channel on the television rather than use the remote.
✓ Happy hearts – jog on the spot, jumping jacks or side steps or play Simon says during the ad breaks.

Why reduce television time?
➢ studies have shown we use less energy watching TV than sitting still
➢ TV influences the food choice of kids – Australia has a high rate of food advertising during children’s viewing hours
➢ TV replaces time a child can be active and enjoy physical activity
➢ there is an association between TV watching and being overweight
➢ 40% of children 5 – 12 years report watching an average of two hours or more of television or videos a day.

Be confident setting firm limits on screen time

Parents need to set the boundaries. Set ‘no television’ or ‘no computer’ time spots – e.g. between 3pm and 5pm. Consider banning eating and drinking in front of a screen.
Physical Activity ……..

Screen-free things to do

Limit your child’s screen time to no more than one to two hours a day. This includes television, electronic games and computer games. Offer alternatives to watching TV, until new, healthy habits are created. Some alternatives are:

- listen to music
- go to the park
- draw a picture
- play cards
- ride a bike
- read a book
- make a scrap book
- hula hoop
- jump rope
- play with your pet
- do a crossword
- learn a magic trick
- learn to juggle
- plant some seedlings
- play hopscotch
- learn to knit or crochet
- play a board game
- create sidewalk art with chalk
- build a cubby house.

Canteen News

VOUNTEERS
Thursday 26 June-Rebecca Hain
Friday 27 June – Kim Kleven

I will be away for the 1st week of Term 3 and I would like to thank all my helpers in advance. Unfortunately, there will be no Mini Canteen or Meal Deal available in that week. Thank you for your understanding with this.

A new roster for Term 3 has been sent home via your child, please contact me if the day is unsuitable.

MEAL DEAL FRIDAY
3 Party pies, a Drink and a treat

OR

Sausage Roll, a drink and a treat! Only $5.00 each.

Sushi is also available!

Thank you for your continued support and have a safe and happy break.

Carolyn Hely
Canteen Manager
What’s On …..

Paddy Pallin Junior Cross Country Ski Race
This Saturday 28 June at 11am.
Entries from 9.30am at the Perisher Nordic Shelter. Varying distances for various ages, from 2 years up to 16 years. Free lunch provided, followed by spot prizes, certificates for all and the famous jelly snake hunt! Don't miss out!

For more information call Tim Greville on 0428 159 336

2014 Junior Holiday Clinic - Raiders/NRL
Where: Raiders HQ, ActewAGL Park, 2 Eade Street Bruce ACT
When: Thursday 10 July 2014
Session 1:
9.00am - 12.00pm (Registrations from 8.30am)
Lunch:
12.00 - 1.00pm (All participants)
Session 2:
1.00pm - 4.00pm (Registrations from midday)

Cost: Varied - Check web site for options


Cooma Hotel Presents…
COMMUNITY CHEST
TRIVIA NIGHT
FUNDRAISER

DO YOU LOVE TRIVIA?

LET'S RAISE SOME FUNDS FOR THIS GREAT LOCAL CHARITY!

FRIDAY JULY 11TH 2014, 7-10PM
$10 ADULTS, $5 UNDER 18
COOMA HOTEL FUNCTION ROOM

Come along for a great night out! Heaps of prizes and fun to be had.
Everyone welcome, no team too big or small!
MC for the night is Blacker from Bredky Central on Snow Fm!